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Noteworthy News

Special Announcements



January was National Mentoring Month, an annual campaign aimed at expanding quality mentoring opportunities by connecting more young people with caring adults. Potential is equally distributed; opportunity is not. Who a young person knows and who is in their corner is a major driver of healthy development. Mentoring is one of the biggest ways Belstar gives back to the community, offering formal and informal mentoring of firms, as well as internship opportunities.

Research shows that young people with mentors are:

55% more likely to to be enrolled in college81% more likely to participate regularly in sports or extracurricular activities

78% more likely to volunteer regularly in their communities and more than twice as likely to say they held a leadership position in a club or sports team

The same research also shows one in three young people in the United States will grow up without a mentor.

National Mentoring Month is led by <u>MENTOR</u>, the national unifying champion of the mentoring movement. Click <u>here</u> for a webinar about mentoring strategies, and <u>here</u> for one about becoming a mentor. If you have been a mentor in the past and would like to share your story, learn more on how to do that <u>here</u>.

Black History Month

February was Black History Month, honoring the triumphs and struggles of Black Americans throughout

Why Choose Belstar

Core Values *Trust - Faith In Others *Shared Values - Common Goals *Effective Communication -Good Listeners *Humble Leadership - Shared Spotlight *Empowerment - All of the above By Lon Solomon (3/5/2000)

Facility/ Program / Project / Construction Management / Cost Engineering / Cost Management / Dispute Resolutions and Claims Analysis / Scheduling

37 Year Record of Performance

Fees average 20% for combined Office / 15% for Field Below similar-sized firms

> Contact Us

The Rest of Our Team:

<u>Blackthorn Law Group</u> <u>Rees Broome, PC</u> <u>EagleBank</u> <u>BDO USA, LLP</u> <u>MacConel & Dodd CPA</u> Sapient Consulting United States history. Black History Month began in 1915, when Harvard-trained historian, Carter G. Woodson, traveled to Chicago to take part in the 50 year celebration of the 13th Amendment which abolished slavery. At that celebration, he felt inspired to do more to celebrate Black history and heritage. Soon after that time, he and Jesse E. Moorland, a prominent minister, founded the Association for the Study of Negro Life and History (ASNLH) and eventually, he began the first Negro History Week in 1926. For a more in-depth look at the man behind Black History month, click here.

When Carter G. Woodson founded Negro History week, he said it was important to provide a theme to focus the public's attention. The theme for Black History Month 2022 is <u>Black Health and Wellness</u>. This theme highlights the legacy of Black scholars and medical practitioners in Wester medicine, as well as other wellness ways, such as herbalists, naturopaths and midwives, throughout the African Diaspora. The 2022 theme considers all initiatives, activities and rituals Black communities have done to be well.

For more information about Black History Month, including photo galleries and documentaries, click <u>here</u>. Click <u>here</u> to plan a visit to the National Museum of African American History and Culture.

Women's History Month

March is Women's History Month, a time to encourage and commemorate the study, observance and celebration the vital role women have played in American history. Whether it was <u>Abigail Adams</u> who was an early advocate of women's rights, female education and the abolition of slavery, or <u>Sojourner</u> <u>Truth</u>, an African American evangelist, abolitionist, and one of the world's best-known human rights crusaders, women have been making history in the United States since the country was founded.

The 2022 theme is "Women Providing Healing, Promoting Hope", which is meant to recognize the thousands of ways that women of all cultures have provided healing and hope throughout history, as well as a tribute to the ceaseless work of caregivers and frontline workers during the pandemic.

Click <u>here</u> for a variety of virtual and in-person events held by the Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial. Click <u>here</u> for a timeline of women's history milestones.

Project Wins

During the first quarter of 2022, Amtrak awarded the Belstar team new commissioning task orders in Florida and Virginia.

Click here to see a comprehensive list of Belstar projects at www.Belstar.com

Promotions and Recognitions

Belstar would like to wish the following team members a Happy Birthday during the first quarter of 2022: Veronica Bowman - February 2 Hassan Kobrosli - February 20

Charitable Donations

ACE Mentor Program of Greater Washington for the 2022 Scholarship Breakfast Amercian Heart Association - Affair of the Heart Compassion – For the benefit of Rose-Carline Petit-Frere VMI for the Keydet Club Scholarship Fund

ACE Mentor Program

SAVE THE DATE!

The Architecture, Construction and Engineering Mentor Program of Washington DC (ACE DC) is exited to to announce the date for their Scholarship Awards Breakfast this year.



When Wednesday, May 4, 2022 from 7:30 AM to 10:00 AM EDT

> Coffee & Networking begins at 7:30am, Program begins at 8am

Where

The Mayflower Hotel 1127 Connecticut Ave NW Washington, DC 20036 Interested in being a sponsor of ACE DC? Visit thei<u>r Sponsorship Page</u> for more information.

Belstar is a sponsor of ACE DC. Each year, ACE DC awards thousands of dollars in college scholarships to students interested in pursuing careers in architecture, construction or engineering. After virtual celebrations, this year, ACE DC is excited

to celebrate this year's scholarship recipients, the tireless dedication of their mentors, and another successful program year, in person. The Scholarship Breakfast also provides networking opportunities and a celebration of the incredible work of the architecture, construction and engineering industry.

ACE DC was established in 2000 and has mentored 2100 local students and distributed 25 scholarships worth more than \$800,000. The ACE Mentor Program celebrated the 2021 scholarship winners during a virtual event on May 19, 2021 at 8:00 AM. The event included highlighting remarks from Michael Marshall, FAIA, NOMA, NCARB, President and CEO of <u>Michael Marshall Design</u> and Diana Eidenshink, President of ACE Mentor Program of America, gave a national update. The recipient of the Belstar Alumni Scholarship for 2021 was Sophia Edwards from Washington Liberty High School. Ms. Edwards is a three-year member of ACE DC and was awarded the ACE DC Bronze Scholarship. She plans to attend the University of Pittsburgh and major in Engineering. Congratulations to Ms. Edwards!

The entire 2021 ACE Mentor DC Awards Presentation is available at: <u>https://www.acewashingtondc.org/scholarship-event</u>

To stay up to date on ACE DC program, please visit their <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u> and <u>Linkedin</u> pages. If you are able and interested in supporting this worthwhile cause, please contact <u>washingtondc@acementor.org</u>. If you are interested in becoming a member, please find more info <u>here</u>.

The Washington Architectural Foundation's Fall Design Fête



The Washington Architectural Foundation's Fall Design Fête was held at Washington's National Cathedral on November 12, 2021. The event celebrated and honored individuals and programs that make Washington D.C. better through their contributions as designers, advocates, and clients.

This year's honorees were:

Lonnie Bunch III, Secretary, Smithsonian Institution

2021 Glenn Brown Award Winner for improving the quality of life in DC and raising awareness of architecture and its benefits to society

Omar Hakeem, AIA

2021 John 'Wieb' Wiebenson Award Winner for Architecture in the Public Interest

Scott Archer, AIA

Li Ren, AIA

2021 Emerging Architect Award Winners

Milton Shinberg, AIA

Virginia Tech's Washington-Alexandria Architecture Center

2021 Architect Educator Award Winners

Marcel Acosta, Executive Director, National Capital Planning Commission

2021 Donald B. Myer, FAIA Public Service Award

Building Innovation Hub

2021 Partnership for the Planet Award

David T. Haresign, FAIA

2021 Centennial Medal Winner for distinguished service

to the Chapter, community, and profession

The Washington Architectural Foundation thanks you for your support of the Fall Design Fête. The Washington Architectural Foundation is a 501 (c) (3) charitable organization. <u>Contributions</u> are tax deductible in accordance with IRS

Sponsorships

Rose-Carline Petit-Frere

Please join Belstar in celebrating 18 years of partnering with Compassion to sponsor Rose-Carline Petit-Frere. Compassion International is a faith based charitable organization that fights poverty personally. As a child-focused organization, Compassion works with the neediest and most vulnerable children – the poorest of the poor, without ulterior motive, because they are a "love they neighbor" organization/ministry.

The Compassion International child Sponsorship Program offers:

- Medical checkups and health care
- Ongoing Christian training through a local church
- Key life skills training, mentoring and vocational programs
- Nutritious food and supplements to protect against malnutrition
- Recreational activities and support to develop self-confidence and social skills
- Protection from crime, violence and danger
- Access to special services like surgeries and disaster relief
- Educational assistance, including textbooks, school uniforms, post-secondary courses, tutoring, test and lab supplies and even literacy and financial training for caregivers





Kathryn Baker, MD

Congratulations to Kathryn Baker, MD. Belstar began sponsoring her in 2019 as a medical student at West Virginia University with clinical rotations in Internal medicine, Surgery, Psychiatry, Family Medicine, Pediatrics and OB/Gyn. Now that she has graduated, Dr. Baker will be pursuing a residency with Harpers Ferry Family Medicine.

In addition to serving as a physician, Dr. Baker hopes to be an active advocate for healthy lifestyle habits in the community through public outreach programs and education development. Additional accomplishments include:

*In October 2019, Ms. Baker helped create a public outreach program to educate middle and high school students on the effects of ecigarette smoking in Berkeley County, West Virginia.

*In April 2020, Ms. Baker was accepted to present a research poster at the American College of Physicians in Los Angeles, California. The poster was on a case of Vaping-Induced Lung Injury

*In May 2020, Ms. Baker was granted the Michael L. Friedland Award for demonstrating achievement in self-learning in the integrated clinical curriculum at the WVU SOM Eastern Division.



Another sponsor of Ms. Baker is Dr. Charles Gardner, MD, graduate of the West Virginia School of Medicine and of the Virginia Military Institute.

If you would like to help sponsor Ms. Baker or find out more information, you can e-mail her at: kbaker17@mix.wvu.edu

www.Belstar.com

- Be sure to visit <u>www.Belstar.com</u> for more information regarding Belstar's <u>internships</u>.
- Watch for an updated listing of Belstar's past and present projects in the <u>Projects</u> <u>section</u>.