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[Holland Home](#)  
[Improvement/Construction](#)  
[M.A. + Associates](#)  
[Millennium Institute of](#)  
[Construction \(MIC\)](#)

#### Why Choose Belstar

Core Values  
\*Trust - Faith In Others

#### National Military Appreciation Month

May was National Military Appreciation Month (NMAM). The military is on call 365 days a year, seven days a week, 24 hours a day, protecting our interests and keeping our nation secure. Officially designated by Congress in 1999, NMAM is an opportunity for the American public to show their gratitude for these incomparable efforts, and appreciation for the armed forces, past and present. During May, we celebrate Loyalty Day, Victory in Europe (VE) Day, [Military Spouse Appreciation Day](#), Mother's Day, Armed Forces Day and Memorial Day.

Please join Belstar in honoring the sacrifice and service of members of the Army, Navy, Air Force, Coast Guard, Marines, Space Force and National Guard, and their families. Click [here](#) for more information about National Military Appreciation Month.

#### Asian American and Pacific Islander Heritage Month

May was also Asian American and Pacific Islander Heritage month. It is during this time that we celebrate the many contributions Asian American and Pacific Islanders have made to American science, medicine, literature, art, sports, government, activism and law. May was chosen as the month of observance as it was in May that the first Japanese immigration to the United States occurred, as well as the month in which the transcontinental railroad, with the majority of the tracks being laid by Chinese immigrants, was completed.

Please join Belstar in paying tribute to the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success. Click [here](#) for more information about groundbreaking contributions made by Asian American and Pacific Islanders throughout history. Click [here](#) for a "Care Package", poems, meditations, films, and other cultural nutrients, curated by the Smithsonian Asian Pacific American Center. Click [here](#) for additional material in the National Archives documenting the Asian and Pacific Islanders experience.

#### Women's Health Week

National Women's Health Week (NWHW) was May 8 -

\*Shared Values - Common Goals  
\*Effective Communication - Good Listeners  
\*Humble Leadership - Shared Spotlight  
\*Empowerment - All of the above  
By Lon Solomon (3/5/2000)

Facility/ Program / Project / Construction Management / Cost Engineering / Cost Management / Dispute Resolutions and Claims Analysis / Scheduling

37 Year Record of Performance

Fees average 20% for combined Office / 15% for Field Below similar-sized firms

[Contact Us](#)

### The Rest of Our Team:

[Blackthorn Law Group](#)  
[Rees Broome, PC](#)  
[EagleBank](#)  
[BDO USA, LLP](#)  
[MacConel & Dodd CPA](#)  
[Sapient Consulting](#)

14, 2022. Beginning on Mother's Day, this weeklong observance encourages women to take care of themselves and make their physical and mental health a priority. It is a time for women and girls to reflect on their individual health needs and take steps that can improve their health, including:

- Protect yourself from COVID-19
- Schedule annual health appointments
  - [For women ages 18 - 39](#)
  - [For women ages 40 - 64](#)
  - [For women ages 65 and older](#)
- Discuss health concerns with your providers
- Maintain a healthy weight
- Get moving and stay active
- Eat well-balanced meals
- Practice self-care for mental health
- Find healthy ways to manage stress
- Create and maintain good sleep habits

Look for the ways that you can support a woman or girl in your life or community as they take actions necessary to achieve the best health possible. For more information about the Women's Health initiative, click [here](#).

## SOME, Inc.

SOME (So Others Might Eat) fights poverty and homelessness with comprehensive services in the Washington, D.C. area. Offering a wide range of individual and family services, SOME helps the poor and homeless of Washington, D.C. with the following services:

- [Basic needs](#)
- [Healthcare](#)
- [Social services](#)
- [Job training](#)
- [Housing](#)

Click [here](#) for a video about SOME's impact. Click [here](#) to stay up to date with SOME's news and events. Click [here](#) for information about goods that can be donated, including drop-off locations, hours and even an [Amazon wish list](#). If you are able, monetary donations are always helpful. Your gifts will ensure SOME is able to meet any crucial needs that arise.

[DONATE NOW](#)

## Project Wins

Belstar has received new task orders from Amtrak in California, Florida, Illinois, Michigan, Mississippi, Montana, New Mexico, New York, Oregon, Texas, and Virginia for the NPIDS projects.

The District Department of Transportation (DDOT) sent Belstar a Notice to Successful Offeror (phase 1a) for the DDOT A/E Schedule Contract No: DCKA-2022-T-0039. Belstar will be providing construction and project management services.

Belstar is a member of The Balmoral Group team. The Balmoral Group has a Virginia Department of Transportation (VDOT) contract to provide economic analysis of construction costs. Belstar is providing cost engineering services.



## Promotions and Recognitions

Belstar is excited to welcome Cindy Clymore back to the team. Cindy will resume her role as assistant to Gina Welc and administrative support leader.

Belstar would like to wish the following team members a Happy Birthday during the second quarter of 2022:

Dan Belcher, Jr. 4/10

Ozzie Belcher 4/24

Bill Gray 5/07

Miranda Moore 6/15

Gina Welc 6/28

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## Charitable Donations

Compassion for the benefit of Richica  
World Central Kitchen for the benefit of Ukraine

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## ACE Mentor Program

Belstar is a sponsor of ACE DC. Each year, ACE DC awards thousands of dollars in college scholarships to students interested in pursuing careers in architecture, construction or engineering. After virtual celebrations, ACE DC was excited to celebrate this year's scholarship recipients, the tireless dedication of their mentors, and another successful program year, in person.



The 2022 Scholarship Breakfast was held on May 4, 2022 at The Mayflower Hotel in Washington, DC. The keynote speaker this year was Donna M. Cooper, Pepco's Washington, D.C. and Maryland service area. This includes with state and local officials, community leaders, and business, consumer and nonprofit organizations. She plays a critical role in shaping policy and managing issues to deliver value to customers and key stakeholders. The Scholarship Breakfast honors scholarship recipients, provides networking opportunities and is a celebration of the incredible work of the architecture, construction and engineering industry.

ACE DC was established in 2000. It has mentored 2100 DC-area students and distributed 25 scholarships worth more than \$800,000.

To stay up to date on the ACE DC program, please visit their [Facebook](#), [Instagram](#), [Twitter](#) and [Linkedin](#) pages. If you are able and interested in supporting this worthwhile cause, please contact [washingtondc@acementor.org](mailto:washingtondc@acementor.org). If you are interest in becoming a mentor, please find more information [here](#). If you would like to donate to the organization, click below.

[DONATE NOW](#)

# The Washington Architectural Foundation's Fall Design Fête



The Washington Architectural Foundation's Fall Design Fête was held at Washington's National Cathedral on November 12, 2021. The event celebrated and honored individuals and programs that make Washington D.C. better through their contributions as designers, advocates, and clients.

The honorees were:

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## **Lonnie Bunch III, Secretary, Smithsonian Institution**

2021 Glenn Brown Award Winner for improving the quality of life in DC and raising awareness of architecture and its benefits to society

### **Omar Hakeem, AIA**

2021 John 'Wieb' Wiebenson Award Winner for Architecture in the Public Interest

### **Scott Archer, AIA**

### **Li Ren, AIA**

2021 Emerging Architect Award Winners

### **Milton Shinberg, AIA**

Virginia Tech's Washington-Alexandria Architecture Center

2021 Architect Educator Award Winners

## **Marcel Acosta, Executive Director, National Capital Planning Commission**

2021 Donald B. Myer, FAIA Public Service Award

### **Building Innovation Hub**

2021 Partnership for the Planet Award

### **David T. Haresign, FAIA**

2021 Centennial Medal Winner for distinguished service to the Chapter, community, and profession

The Washington Architectural Foundation thanks you for your support of the Fall Design Fête. The Washington Architectural Foundation is a 501(c)(3) charitable organization.

Contributions are tax deductible in accordance with IRS

## Sponsorships

Belstar's sponsored child, Rose-Carlina Petit-Frere, has graduated from the Compassion program! Carlina has worked hard attending activities and participating in workshops and classes. This has given her tools needed to escape poverty. Carlina plans to become a nurse in the future!

Belstar has sponsored Carlina since 2004. Now that she has graduated from the program, Belstar has been matched with a new child to sponsor.

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# Introducing, Richica!

Richica is a four year old girl from Haiti – the same country that Carline is from. We look forward to providing the same support and guidance to Richica that we did for Carline!

The Compassion International child Sponsorship Program offers:

- Medical checkups and health care
- Ongoing Christian training through a local church
- Key life skills training, mentoring and vocational programs
- Nutritious food and supplements to protect against malnutrition
- Recreational activities and support to develop self-confidence and social skills
- Protection from crime, violence and danger
- Access to special services like surgeries and disaster relief
- Educational assistance, including textbooks, school uniforms, post-secondary courses, tutoring, test and lab supplies and even literacy and financial training for caregivers



## Kathryn Baker, MD

Congratulations to Kathryn Baker, MD. Belstar began sponsoring her in 2019 as a medical student at West Virginia University with clinical rotations in Internal medicine, Surgery, Psychiatry, Family Medicine, Pediatrics and OB/Gyn. Now that she has graduated, Dr. Baker will be pursuing a residency with Harpers Ferry Family Medicine. In addition to serving as a physician, Dr. Baker hopes to be an active advocate for healthy lifestyle habits in the community through public outreach programs and education development. Additional accomplishments include:

\*In October 2019, Ms. Baker helped create a public outreach program to educate middle and high school students on the effects of e-cigarette smoking in Berkeley County, West Virginia.

\*In April 2020, Ms. Baker was accepted to present a research poster at the American College of Physicians in Los Angeles, California. The poster was on a case of Vaping-Induced Lung Injury.



\*In May 2020, Ms. Baker was granted the Michael L. Friedland Award for demonstrating achievement in self-learning in the integrated clinical curriculum at the WVU SOM Eastern Division.

Another sponsor of Ms. Baker is Dr. Charles Gardner, MD, graduate of the West Virginia School of Medicine and of the Virginia Military Institute.

If you would like to help sponsor Ms. Baker or find out more information, you can e-mail her at: [kbaker17@mix.wvu.edu](mailto:kbaker17@mix.wvu.edu)

[www.Belstar.com](http://www.Belstar.com)

- Be sure to visit [www.Belstar.com](http://www.Belstar.com) for more information regarding Belstar's [internships](#).
- Watch for an updated listing of Belstar's past and present projects in the [Projects section](#).

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