

In This Issue

- Special Announcements
- Project Wins
- Promotions & Recognitions
- Charitable Donations
- ACE Mentor Program
- The Washington Architectural Foundation's Fall Design Fête
- Sponsorships
- Check out www.Belstar.com

Mentor Protégés

Belcher Consultants, Inc.
Belstar Cost Estimating (BCE)
Holland Home Improvement/Construction
M.A. + Associates
Millennium Institute of Construction (MIC)

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National Military Appreciation Month

May was National Military Appreciation Month (NMAM), a declaration that encourages the nation to unify in observance and appreciation of current and past members of the Armed Forces. Six specific holidays are celebrated during May: Loyalty Day, VE Day, Military Spouse Appreciation Day, Mother's Day, Armed Forces Day and Memorial Day.

Please join Belstar in honoring past and present military members and their families by taking a moment to pause and remember the sacrifice and service given for freedom.

Click [here](#) for more information about National Military Appreciation Month.

Asian American and Pacific Islander Heritage Month

May was also Asian American and Pacific Islander Heritage month (AAPIHM). First celebrated in 1979, May was chosen as the month of observance as May 7, 1843 marked the first Japanese immigration to the United States and May 10, 1869 was the date the transcontinental railroad was completed, with the majority of the tracks laid by Chinese immigrants. Please join Belstar in honoring the significant contributions Asian Americans and Pacific Islanders have made to shape the history of the United States. Click [here](#) for a list of Asian American and Pacific Islander arts organizations you can support. Click [here](#) for a playlist featuring artists of Asian and Pacific Islander descent. For more information about the variety of events and programs honoring AAPIHM, click [here](#).

Women's Health Week

National Women's Health Week (NWHW) was May 9 - 15, 2021. This weeklong observance is a reminder for women and girls, especially during the outbreak of COVID-19, to make their health a priority. Steps that can be taken to improve health include:

- Protect yourself from COVID-19
- Take care of your mental health
- Find healthy ways to manage stress
- Practice good sleep habits
- Talk to your healthcare provider about concerns
- Maintain a healthy weight
- Get and stay active
- Eat well-balanced meals

Each woman is different and has her own reasons for wanting to be healthy. Although it can be difficult to take steps toward good health, especially during times of stress, NWHW can serve as a reminder that even small changes can make a big difference.

For more information about the Women's Health initiative, click [here](#).

Why Choose Belstar

- Core Values
Trust - Faith In Others
Shared Values - Common Goals
Effective Communication -
Good Listeners
Humble Leadership - Shared
Spotlight
Empowerment - All of the
above
*By Lon Solomon (3/5/2000)
- Facility/ Program / Project /
Construction Management
/ Cost Engineering / Cost
Management / Dispute
Resolutions and Claims
Analysis / Scheduling
- 36 Year Record of
Performance
- Fees average 20% for
combined Office / 15% for
Field Below similar-sized
firms

The Rest of Our Team:

- Blackthorn Law Group
- Rees Broome, PC
- EagleBank
- Hertzbach & Company,
P.A.
- MacConel & Dodd CPA
- Sapient Consulting

SOME, Inc.

For 50 years, SOME (So Others Might Eat) has helped the poor and homeless of Washington, DC break the cycle of homelessness through comprehensive and transformative services. Originally founded with a mission of helping to feed the city's destitute citizens, SOME offers programs that meet a full spectrum of needs, while giving dignity to those experiencing homelessness and poverty in the D.C. area.

Even during the COVID-19 pandemic, SOME has been able to rely on the community to support the people they serve. Click [here](#) for ways that you can help support their mission, clients and residents, including a list of items that can be donated. If you are able, monetary donations are most helpful during times of uncertainty, as your gift will ensure SOME is able to meet any crucial needs that arise.

DONATE NOW!

For more information about SOME, click [here](#).

Project Wins

Click [here](#) to see a comprehensive list of Belstar projects at www.Belstar.com

Promotions and Recognitions

Belstar would like to wish the following team members a Happy Birthday during the second quarter of 2020:

Dan Belcher, Jr.	4/10
Ozzie Belcher	4/24
Alan Trask	4/29
Bill Gray	5/07
Miranda Moore	6/15
Gina Welc	6/28

Charitable Donations

Compassion for the benefit of Rose-Carlina Petit-Frere
ACE Mentor DC

ACE Mentor Program



Belstar is a sponsor of the Architecture, Construction and Engineering Mentor Program of the Greater Washington Metropolitan Area (ACE DC). ACE DC was established in 2000 and has mentored 2100 local students and distributed 25 scholarships worth more than \$800,000. The program is now virtual, with students and mentor architects, engineers and contractors meeting for virtual sessions. These sessions can be attended via Chromebook, phone, tablet or PC, and include a brief introduction to an ACE topic, followed by hands on activities and design challenges. Materials used for activities and challenges are common household items. Students may also join optional All Affiliate Webinars for virtual construction tours, sketch up tutorials and other engaging opportunities.

Ten teams presented final projects between May 10 and May 12. The projects can be viewed [here](#). The team from McKinley Tech was First Runner Up in the National Competition and their project can be viewed at the above link.

The ACE Mentor Program celebrated the 2021 scholarship winners during a virtual event on May 19, 2021 at 8:00 AM. The event included highlighting remarks from Michael Marshall, FAIA, NOMA, NCARB, President and CEO of [Michael Marshall Design](#) and Diana Eidenshink, President of ACE Mentor Program of America, gave a national update. The recipient of the Belstar Alumni Scholarship for 2021 was Sophia Edwards from Washington Liberty High School. Ms. Edwards is a three-year member of ACE DC and was awarded the ACE DC Bronze Scholarship. She plans to attend the University of Pittsburgh and major in Engineering. Congratulations to Ms. Edwards! The entire 2021 ACE Mentor DC Awards Presentation is available at: <https://www.acewashingtondc.org/scholarship-event>

To stay up to date on ACE DC program, please visit their [Facebook](#), [Instagram](#), [Twitter](#) and [LinkedIn](#) pages. During these challenging times, financial support is still very much needed. If you are able and interested in supporting this worthwhile cause, please contact washingtondc@acementor.org. **If you are interested in becoming a member, please find more info [here](#).**

The Washington Architectural Foundation's Fall Design Fête

The Washington Architectural Foundation's Fall Design Fête was held virtually on Friday, October 30, 2020. This event celebrates individuals who make Washington D.C. better through their contributions as designers, advocates, and clients. The 2020 honorees were:

Steven Spurlock, FAIA

Centennial Medal for Service to the Chapter, the community and profession

Earl Alexander "Rusty" Powell, III

Glenn Brown Award, honoring an individual who has raised public awareness of architecture and its benefits to society and who has improved the quality of life in Washington, DC

Alison Pavilonis, AIA

Emerging Architect Award

Ruben Quesada, Assoc. AIA

John 'Wieb' Wiebenson Award for Architecture in the Public Interest

Lindsey May, AIA

Architect Educator Award

HITT Contracting's Co | Lab Project

Partnership for the Planet Award

Donald B. Myer, FAIA

Donald B. Myer, FAIA Public Service Award

The Washington Architectural Foundation thanks you for your support of the Fall Design Fête. The Washington Architectural Foundation is a 501(c)(3) charitable organization. Contributions are tax deductible in accordance with IRS regulations.

Sponsorships

Rose-Carline Petit-Frere

Belstar has been sponsoring Rose-Carline Petit-Frere from 2004 to present. Compassion International is a faith based charitable organization that fights poverty personally. They are a child-focused organization. They work with the neediest and most vulnerable children – the poorest of the poor; to the children in greatest need, without ulterior motive because they are a “love they neighbor” organization/ministry.



Their child Sponsorship Program offers:

- Medical checkups and health care
- Ongoing Christian training through a local church
- Key life skills training, mentoring and vocational programs
- Nutritious food and supplements to protect against malnutrition
- Recreational activities and support to develop self-confidence and social skills
- Protection from crime, violence and danger
- Access to special services like surgeries and disaster relief
- Educational assistance, including textbooks, school uniforms, post-secondary courses, tutoring, test and lab supplies and even literacy and financial training for caregivers

If interested in sponsoring a child, please call 1-800-336-7676; or you can visit their website at <http://www.compassion.com>.

Kathryn Baker, MD

Congratulations to Kathryn Baker, MD! Belstar began sponsoring her in 2019 as a medical student at West Virginia University with clinical rotations in Internal medicine, Surgery, Psychiatry, Family Medicine, Pediatrics and OB/Gyn. Now that she has graduated, Dr. Baker will be pursuing a residency with Harpers Ferry Family Medicine.



In addition to serving as a physician, Dr. Baker hopes to be an active advocate for healthy lifestyle habits in the community through public outreach programs and education development. Additional accomplishments include:

- In October 2019, Ms. Baker helped create a public outreach program to educate middle and high school students on the effects of e-cigarette smoking in Berkeley County, West Virginia.
- In April 2020, Ms. Baker was accepted to present a research poster at the American College of Physicians in Los Angeles, California. The poster was on a case of Vaping-Induced Lung Injury.
- In May 2020, Ms. Baker was granted the Michael L. Friedland Award for demonstrating achievement in self-learning in the integrated clinical curriculum at the WVU SOM Eastern Division.

Another sponsor of Ms. Baker is Dr. Charles Gardner, MD, graduate of the West Virginia School of Medicine and of the Virginia Military Institute.

If you would like to help sponsor Ms. Baker or find out more information, you can e-mail her at <mailto:kbaker17@mix.wvu.edu>.

www.Belstar.com

- Be sure to visit www.Belstar.com for more information regarding Belstar's [internships](#).
- Watch for an updated listing of Belstar's past and present projects in the [Projects section](#).