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Mentor Protégés

Belcher Consultants, Inc.
Belstar Cost Estimating (BCE)
Holland Home Improvement/Construction
M.A. + Associates
Millennium Institute of Construction (MIC)

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Special Announcements

**Happy 35th Anniversary to Belstar, Inc.
from January 10, 1985 to January 10, 2020!**

Please make note of Belstar's new address:
8500 Executive Park Avenue
Suite 210
Fairfax, Virginia 22031

Military Appreciation Month

Military Appreciation Month was officially designated by Congress in 1999, in an effort to publicly show appreciation to past and present troops. Although this celebration occurs during the entire month of May, there are six specific holidays that are observed: Loyalty Day, VE Day, Military Spouse Appreciation Day, Mother's Day, Armed Forces Day and Memorial Day. Please join Belstar in honoring past and present military members and their families by taking a moment to pause and remember the sacrifice and service given for freedom.

Click [here](#) for more information about Military Appreciation Month.

Asian American and Pacific Islander Heritage Month

First celebrated in 1979, Asian American and Pacific Islander Heritage Month (AAPAHM) is also celebrated during May. May was chosen as the month of observance as May 7, 1843 marked the first Japanese immigration to the United States and May 10, 1869 was the date the transcontinental railroad was completed, with the majority of the tracks laid by Chinese immigrants. Please join Belstar in honoring the significant contributions Asian Americans and Pacific Islanders have made to shape the history of the United States.

For more information about the variety of events and programs honoring AAPAHM, click [here](#).

Women's Health Week

May 10-16, 2020 was National Women's Health Week. Led by the U.S. Department of Health and Human Services' Office on Women's Health, this weeklong observance is a reminder for women and girls to make their health a priority. There are many steps that can be taken towards better health such as:

- Talking to a healthcare provider about concerns
- Maintaining a healthy weight
- Getting and staying active
- Eating well-balanced meals and snacks
- And [more...](#)

Why Choose Belstar

- Core Values
Trust - Faith In Others
Shared Values - Common Goals
Effective Communication -
Good Listeners
Humble Leadership - Shared
Spotlight
Empowerment - All of the
above
*By Lon Solomon (3/5/2000)
- Facility/ Program / Project /
Construction Management
/ Cost Engineering / Cost
Management / Dispute
Resolutions and Claims
Analysis / Scheduling
- 35 Year Record of
Performance
- Fees average 20% for
combined Office / 15% for
Field Below similar-sized
firms

The Rest of Our Team:

- Blackthorn Law Group
- Rees Broome, PC
- EagleBank
- Hertzbach & Company,
P.A.
- MacConel & Dodd CPA
- Sapient Consulting

Although it isn't easy, especially during times of stress, National Women's Health Week serves as a reminder for women to find what personally works for them on their journey to health, a journey that can begin at any time.

For more information about the Women's Health initiative, click [here](#).

SOME, Inc.

SOME (So Others Might Eat) meets the daily needs of the poor and homeless of Washington, DC by offering food, clothing, and health care. During these trying times, SOME remains dedicated to ensuring that DC's most vulnerable residents receive the care and services they need. They are taking the precautions necessary to help prevent the transmission of COVID-19 while keeping services open. For more information about SOME's response to COVID-19, please click [here](#).

Founded in 1970 by Father Horace McKenna, S.J. and an interfaith group of priests, ministers and laypersons, this community-based, interfaith organization breaks the cycle of homelessness. Originally founded with a mission of helping to feed the city's destitute citizens, today, SOME offers comprehensive programs that meet a full spectrum of needs, while giving dignity to those experiencing homelessness and poverty in the D.C. area.

Support for this worthwhile organization is crucial to ensure that people experiencing homelessness and extreme poverty don't get left even further behind. Please consider donating to this worthwhile organization, and / or participating in their [100 Mile Challenge](#).

[DONATE NOW!](#)

Project Wins

Click [here](#) to see a comprehensive list of Belstar projects at www.Belstar.com.

Promotions and Recognitions

Belstar would like to wish the following team members a Happy Birthday during the second quarter of 2020:

Dan Belcher, Jr.	4/10
Ozzie Belcher	4/24
Alan Trask	4/29
Bill Gray	5/7
Miranda Moore	6/15
Keith Belcher	6/28
Gina Welc	6/28

Charitable Donations

Compassion for Benefit of Rose-Carline Petit-Frere
ACE Mentor DC for 2020 Scholarship

ACE Mentor Program



Belstar is a sponsor of the Architecture, Construction and Engineering (ACE) Mentor Program of the Greater Washington Metropolitan Area. This program has volunteer mentor teams that go to area high schools and engage students in hands-on industry-related activities and construction site tours, encouraging them to consider careers in architecture, construction and engineering.

The ACE Mentor Program of Washington, DC was supposed to hold its 20th Annual ACE DC Scholarship Awards Breakfast on Friday, May 15, 2020. While the event has been postponed until the fall, on June 18, 2020, 15 scholarship winners for 2020 were announced, with awards totaling \$45,000. The Fluor and Belstar Alumni Scholarship Awardee for 2020 was **Jack Horton**, who plans to attend Duke University and to double major in Mechanical Engineering and Computer Science.

In lieu of the ACE DC end of the year Student Presentation Night, a **Digital Design Showcase** was hosted where students submitted their work. The Washington Liberty Team participated in the National CIRT Competition and finished in third place.

During these challenging times, financial support is still very much needed. **If you are able and interested in supporting this worthwhile cause, please contact washingtondc@acementor.org.**

For more information please see the ACE DC [Facebook](#), [Instagram](#), [Twitter](#) and [Linkedin](#).

The Washington Architectural Foundation's Fall Design Fête

The Washington Architectural Foundation's Fall Design Fête was Friday, November 22, 2019 at the Smithsonian's National Portrait Gallery in Washington, D.C. Belstar was a sponsor of the black-tie event, including a cocktail reception, a seated dinner, and an awards program.

The event celebrates individuals who make Washington better through their contributions as designers, advocates, and clients. The 2019 honorees were:

Hany Hassan, FAIA

Centennial Medal for Service to the Chapter, the community and profession

Robert P. Kogod

Glenn Brown Award, honoring an individual who has raised public awareness of architecture and its benefits to society and who has improved the quality of life in Washington, DC

Douglas Crawford, AIA

Emerging Architect Award

Gina Volpicelli, AIA

John 'Wieb' Wiebenson Award for Architecture in the Public Interest

Attendees learned about the work of the honorees as well as the Washington Architectural Foundation's education and community outreach programs.

Whether they are helping children learn about how buildings work or assisting a local nonprofit with a well-designed space or collecting more than 300 tons of canned goods for the Capital Area Food Bank through CANstruction, the Foundation makes a significant impact in the Washington community.

To review sponsorship opportunities, click [here](#). To become a sponsor now, click [here](#).

The Washington Architectural Foundation thanks you for your support of the Fall Design Fête. The Washington Architectural Foundation is a 501(c)(3) charitable organization. Contributions are tax deductible in accordance with IRS regulations.

Sponsorships

Belstar has been sponsoring **Rose-Carline Petit-Frere** from 2004 to present. Compassion International is a faith based charitable organization that fights poverty personally. They are a child-focused organization. They work with the neediest and most vulnerable children – the poorest of the poor; to the children in greatest need, without ulterior motive because they are a “love thy neighbor” organization/ministry.



Their child Sponsorship Program offers:

- Medical checkups and health care
- Ongoing Christian training through a local church
- Educational assistance, including textbooks, school uniforms, post-secondary courses, tutoring, test and lab supplies and even literacy and financial training for caregivers
- Key life skills training, mentoring and vocational programs
- Nutritious food and supplements to protect against malnutrition
- Recreational activities and support to develop self-confidence and social skills
- Protection from crime, violence and danger
- Access to special services like surgeries and disaster relief

If interested in sponsoring a child, please call 1-800-336-7676; or you can visit their website at <http://www.compassion.com>.

Kathryn Baker

Belstar began sponsoring Kathryn Baker in 2019 and will continue until 2021. Ms. Baker is a medical student at West Virginia University with clinical rotations in Internal medicine, Surgery, Psychiatry, Family Medicine, Pediatrics and OB/Gyn. She plans to pursue a Preventive Medicine residency upon completing medical school with hopes of dedicating her career to helping patients naturally prevent and reverse chronic diseases through lifestyle behavior changes.



In addition to serving as a physician, she hopes to be an active advocate for healthy lifestyle habits in the community through public outreach programs and

education development. A few recent accomplishments include:

- In October 2019, Ms. Baker helped create a public outreach program to educate middle and high school students on the effects of e-cigarette smoking in Berkeley County, West Virginia.
- In April 2020, Ms. Baker was accepted to present a research poster at the American College of Physicians in Los Angeles, California. The poster was on a case of Vaping-Induced Lung Injury.
- In May 2020, Ms. Baker was granted the Michael L. Friedland Award for demonstrating achievement in self-learning in the integrated clinical curriculum at the WVU SOM Eastern Division.

Another sponsor of Ms. Baker is Dr. Charles Gardner, MD, graduate of the West Virginia School of Medicine and of the Virginia Military Institute.

If you would like to help sponsor Ms. Baker or find out more information, you can e-mail her at <mailto:kbaker17@mix.wvu.edu>.

www.Belstar.com

- Be sure to visit www.Belstar.com for more information regarding Belstar's [internships](#).
- Watch for an updated listing of Belstar's past and present projects in the [Projects section](#).